

WHOLE SCHOOL LONG TERM SUBJECT OVERVIEW

EYFS

EYFS Statutory Educational Programme:	Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development. Underpinning their personal development are the important attachments that shape their social world. Strong, warm and supportive relationships with adults enable children to learn how to understand their own feelings and those of others. Children should be supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary. Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently. Through supported interaction with other children they learn how to make good friendships, co-operate and resolve conflicts peaceably. These attributes will provide a secure platform from which children can achieve at school and in later life.					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EI values	Be respectful	Be understanding	Be compassionate	Be responsible	Be patient	Be positive
EYFS Theme	All About Us (Diversity)	Celebrations and Festivals (Values and Perception)	Friendship and Fairness (Social Justice)	Caring for our Environment (Sustainable development)	People who Help Us (Interdependence)	Changes (Aspirations)
Ongoing Nursery	<ul style="list-style-type: none"> • Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them. • Develop their sense of responsibility and membership of a community. • Increasingly follow rules, understanding why they are important. • Play with one or more other children, extending and elaborating play ideas. • Understand gradually how others might be feeling. • Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly. 					

<p>Termly Objectives Breakdown Nursery</p>	<p>Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.</p> <p>Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly.</p> <p>Become more outgoing with unfamiliar people, in the safe context of their setting.</p> <p>Increasingly follow rules understanding why they are important.</p>	<p>Develop their sense of responsibility and membership of a community.</p> <p>Play with one or more other children, extending and elaborating play ideas.</p> <p>Increasingly follow rules, understanding why they are important.</p> <p>Be increasingly independent in meeting their own care needs, e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly.</p> <p>Remember rules without needing an adult to remind them.</p>	<p>Develop appropriate ways of being assertive.</p> <p>Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.</p> <p>Understand gradually how others might be feeling.</p>	<p>Make healthy choices about food, drink, activity and toothbrushing.</p> <p>Talk with others to solve conflicts.</p>	<p>Make healthy choices about food, drink, activity and toothbrushing.</p> <p>Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</p>	<p>Show more confidence in new social situations.</p>
<p>Ongoing Reception</p>	<ul style="list-style-type: none"> Build constructive and respectful relationships. 					
<p>Termly Objectives Breakdown Reception</p>	<p>Build constructive and respectful relationships. See themselves as a valuable individual.</p> <p>Manage their own needs.</p> <ul style="list-style-type: none"> Personal hygiene 	<p>Identify and moderate their own feelings socially and emotionally.</p>	<p>Express their feelings and consider the feelings of others.</p> <p>Think about the perspectives of others.</p>	<p>Show resilience and perseverance in the face of challenge.</p>	<p>Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> regular physical activity healthy eating toothbrushing sensible amounts of 'screen time' having a good sleep routine being a safe pedestrian <p>See themselves as a valuable individual.</p>	<p>See themselves as a valuable individual.</p> <p>Show resilience and perseverance in the face of challenge.</p>

	Autumn			Spring			Summer		
Theme	Diversity	Values & Perceptions		Social Justice	Sustainable Development		Interdependence	Aspirations	
EI	Be respectful	Be understanding		Be compassionate	Be responsible		Be patient	Be positive	
PSHE Theme	RELATIONSHIPS			LIVING IN THE WIDER WORLD			HEALTH & WELLBEING		
Topic	Family and Friends	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy and Digital Resilience	Money and Work	Healthy Lifestyles	Growing and Changing	Keeping Safe
Year 1	Roles of different people Families Feeling cared for	Recognising privacy Staying safe Seeking permission	How behaviour affects others Being polite and respectful	What rules are Caring for others' needs Looking after the environment	Using the internet and digital devices Digital communication	Strengths and interests Jobs in our community	Keeping healthy Food and exercise, Hygiene routines Sun safety	Recognising what makes them unique and special Feelings Managing when things go wrong	How rules and age restrictions help us Keeping safe online
Year 2	Making friends Feeling lonely and getting help	Bullying Managing secrets Resisting pressure	Recognising things in common and differences Playing and working cooperatively	Belonging to a group Roles and responsibilities Being the same and different in the community	The internet in everyday life Online content and information	What is money? Wants vs needs Looking after money	Why sleep is important Medicines and keeping healthy Keeping teeth healthy Managing feelings and asking for help	Growing older Body Parts Transitions (to juniors)	Safety in different environments Risk and safety at home
Year 3	Family relationships	What to keep private	Behaving responsibly	Rules and laws Human rights	Positive and negative uses of the internet	Recognising strengths and achievements	Health choices and habits	Personal strengths and achievements	Risks and hazards

	Diverse families Family changes	Online privacy Cyberbullying	Respect (including self-respect) and Courtesy	Rights vs. responsibilities	Assessing the credibility of online sources	Different types of jobs Helpful skills for future jobs Stereotypes in the workplace Setting goals	What affects feelings Expressing feelings	Managing and reframing setbacks	Safety in the local environment and unfamiliar places
Year 4	Positive friendships, including online Respectful digital communication	Upstanders vs. bystanders Recognising and reporting hurtful online behaviour Dares	Discussing difference sensitively Recognising and challenging discrimination	Who makes up our community? Shared responsibility	How data is shared and used online How people are targeted	Different methods of payment Making decisions about money Using and keeping money safe	Maintaining a balanced lifestyle Oral hygiene and dental care	Physical and emotional changes in puberty External genitalia Personal hygiene routines Support with puberty	Medicines and household products Drugs common to everyday life
Year 5	Friendship challenges and changes Peer influence	Appropriate and inappropriate touch Uncomfortabl e feelings	Recognising and challenging prejudice Respectful communicatio n	Who makes our laws and what happens if we break them? Shared responsibility for our environment. How our choices impact the environment	Understanding the different purposes of different types of media. Understanding that information (text and images) can be manipulated in the media. Evaluating the reliability of online sources.	Identifying job interests and aspirations; Stereotypes in the workplace Job/career influences	Healthy sleep habits Limiting the spread of bacteria and viruses Medicines, vaccinations, immunisations and allergies Sun safety	Physical and emotional changes in puberty Support with puberty Personal identity Recognising individuality and different qualities	Keeping safe in different situations First aid

								Mental wellbeing	
Year 6	<p>Different types of loving relationships</p> <p>Healthy/unhealthy relationships</p> <p>Marriage and civil partnership</p>	<p>Peer pressure and responsibility including online</p> <p>Reporting concerns about personal safety</p> <p>Giving and seeking permission</p> <p>Personal boundaries</p>	<p>Discussing topical issues respectfully</p> <p>Being respectful in online discussions</p> <p>Managing conflict</p>	<p>The value of living in a diverse community</p> <p>Prejudice vs. discrimination</p> <p>Recognising and challenging stereotypes</p>	<p>Age restrictions on media</p> <p>Sharing things online including rules and laws relating to this.</p> <p>Evaluating media sources; sharing things online</p>	<p>Influences and attitudes to money</p> <p>Financial Risks including gambling</p> <p>Money and mental health</p>	<p>What affects mental health and ways to take care of it</p> <p>Managing change, loss and bereavement</p> <p>Managing time online</p>	<p>Increasing independence</p> <p>Managing transition</p>	<p>Keeping personal information safe</p> <p>Regulations and choices</p> <p>Drug use and the law</p> <p>Drug use and the media</p>