

Autumn/Winter Menu 2024-2025 - Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal
<i>Burger in a Bun with Jacket Wedges and Corn on the Cob</i> **Wheat Gluten, Soya, Sulphites **	<i>Hunters Chicken with Rice and Green Beans</i> **Wheat & Barley Gluten, Soya, Celery **	<i>Vegetarian Pizza with Garlic Slice and Salad</i> **Wheat Gluten, Milk **	<i>Chicken Tikka Pitta with Diced Potatoes and Salad</i> **Wheat Gluten, Sulphites **	<i>Breaded Salmon Fishcake with Sauté Potatoes and Peas/Beans</i> **Wheat Gluten, Fish, Sulphites**
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
<i>Pasta and Sauce with Corn on the Cob</i> **Wheat Gluten, Milk **	<i>Vegetable Biryani with Naan and Green Beans</i> ** Wheat Gluten**	<i>Vegetable Lasagne Twist with Garlic Slice and Carrots</i> **Wheat Gluten, Soya, Milk **	<i>Sweet Chilli Quorn Noodles and Broccoli</i> **Wheat Gluten, Egg **	<i>Quorn Korma with Rice and Peas</i> **Wheat & Barley Gluten, Milk **
<i>Salad Bar available for all meal options</i> Allergen free	<i>Salad Bar available for all meal options</i> Allergen free	<i>Salad Bar available for all meal options</i> Allergen free	<i>Salad Bar available for all meal options</i> Allergen free	<i>Salad Bar available for all meal options</i> Allergen free
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
<i>Jacket Potato with Cheese & Beans or Tuna Mayo</i> ** Milk, Fish, Egg**	<i>Jacket Potato with Cheese & Beans or Tuna Mayo</i> ** Milk, Fish, Egg**	<i>Jacket Potato with Cheese & Beans or Tuna Mayo</i> ** Milk, Fish, Egg**	<i>Jacket Potato with Cheese & Beans or Tuna Mayo</i> ** Milk, Fish, Egg**	<i>Jacket Potato with Cheese & Beans or Tuna Mayo</i> ** Milk, Fish, Egg**
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
<i>Baguette – Cheese Tuna Mayo Egg Mayo</i> **Wheat Gluten, Milk, Fish, Egg**	<i>Bap - Cheese Tuna Mayo Egg Mayo</i> **Wheat Gluten, Milk, Fish, Egg, Soya**	<i>Wrap – Cheese Tuna Mayo Egg Mayo</i> **Wheat Gluten, Milk, Fish, Egg**	<i>Sub Roll - Cheese Tuna Mayo Egg Mayo</i> **Wheat Gluten, Milk, Fish, Egg, Soya**	<i>Sandwich – Cheese Tuna Mayo Egg Mayo On 50/50 Bread</i> **Wheat Gluten, Milk, Fish, Egg, Soya**
Dessert	Dessert	Dessert	Dessert	Dessert
<i>Fruit, Cheese & Crackers</i> **Milk, Wheat Gluten**	<i>Banana Loaf</i> **Wheat Gluten, Egg, Milk **	<i>Yoghurt, Fruit</i> **Milk **	<i>Rice Pudding, Fruit</i> **Milk **	<i>Iced Sorbet</i> **Allergen Free **

****GLUTEN AND MILK FREE OPTIONS ARE AVAILABLE FOR ALL MENU ITEMS****

Desserts are low fat, low sugar