

Autumn/Winter Menu 2024-2025 - Week Two

Monday	Tuesday	Wednesday	Thursday	Friday
Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal
Vegetable Pasta Bake with Baguette Slice and Salad **Wheat Gluten, Soya, Milk **	Spring Lamb Pie with Crusty Bread and Beetroot **Wheat Gluten, Sulphites **	Homemade Meatballs in Masala Sauce with Rice and Green Beans **Egg, Milk **	Roast Chicken with Roast Potatoes, Yorkshire Pudding, Carrots and Gravy **Wheat Gluten, Egg, Milk, Sulphites**	Harry Ramsden's Battered Fish with Oven Baked Chips and Peas/Beans **Wheat Gluten, Fish**
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Cheese Whirl with Mashed Potatoes and Beans **Wheat Gluten, Egg, Milk, Sulphites **	Vegan Burger in a Bun with Jacket Wedges and Sweetcorn **Wheat Gluten, Sulphites**	Macaroni Cheese with Diced Potatoes and Salad **Wheat Gluten, Milk, Sulphites **	Veggie Balls in Italian Sauce with Pasta and Carrots **Soya, Wheat & Barley Gluten **	Quorn Fajita with Oven Baked Chips and Peas/Beans **Wheat & Barley Gluten, Soya, Celery**
Salad Bar available for all meal options Allergen free	Salad Bar available for all meal options Allergen free	Salad Bar available for all meal options Allergen free	Salad Bar available for all meal options Allergen free	Salad Bar available for all meal options Allergen free
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Jacket Potato with Cheese & Beans or Tuna Mayo ** Milk, Fish, Egg**	Jacket Potato with Cheese & Beans or Tuna Mayo ** Milk, Fish, Egg**	Jacket Potato with Cheese & Beans or Tuna Mayo ** Milk, Fish, Egg**	Jacket Potato with Cheese & Beans or Tuna Mayo ** Milk, Fish, Egg**	Jacket Potato with Cheese & Beans or Tuna Mayo ** Milk, Fish, Egg**
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
Sandwich – Cheese Tuna Mayo Egg Mayo On 50/50 Bread **Wheat Gluten, Milk, Fish, Egg, Soya**	Panini - Cheese Tuna Mayo Egg Mayo **Wheat Gluten, Milk, Fish, Egg**	Finger Roll – Cheese Tuna Mayo Egg Mayo **Wheat Gluten, Milk, Fish, Egg, Soya**	Sandwich - Cheese Tuna Mayo Egg Mayo **Wheat Gluten, Milk, Fish, Egg, Soya**	Wrap – Cheese Tuna Mayo Egg Mayo **Wheat Gluten, Milk, Fish, Egg**
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit Platter Yoghurt **Milk**	Shortbread **Wheat Gluten **	Dessert Whip with Fruit **Milk**	Fruit Salad, Yoghurt, Cheese & Crackers **Wheat Gluten, Milk **	Ice Cream Tub **Milk**

****GLUTEN AND MILK FREE OPTIONS ARE AVAILABLE FOR ALL MENU ITEMS****

Desserts are low fat, low sugar