

# Week 1 - Summer Term 2023 (Version 2 19/04/23)

Monday	Tuesday	Wednesday	Thursday	Friday
Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal	Euro/Halal
Roasted Vegetable Lasagne & Salad <b>**Dairy, Gluten**</b>	Chicken & Vegetable Curry served with Rice & Naan bread. <b>**Gluten** (Naan Bread)</b>	Homemade Sausage Roll served with Potatoes and Baked Beans. <b>** Gluten, Egg**</b>	Roast Chicken served with Potatoes, Yorkshire Pudding, Peas & Gravy. <b>** Dairy, Egg, Gluten** (Yorkshire Pudding)</b>	Oven Baked Fish served with Oven Baked Chips and Peas/Beans <b>**Gluten, Fish**</b>
Vegetarian	Vegetarian	Vegetarian	Vegetarian	Vegetarian
Salmon Fish Cake served with Sweet Potato Mash & Peas <b>** Gluten, Fish**</b>	Stuffed Peppers with Mediterranean Rice and Vegetables topped with Vegan Cheese	Vegan Sausage Roll served with Potatoes and Baked Beans <b>**Gluten, Egg*</b>	Quorn Chicken Fillet served with Potatoes and Vegetables <b>**Gluten, Egg **</b>	Quorn Burger, with Oven Baked Chips, Cheese and Salad <b>** Dairy, Egg, Gluten**</b>
Salad Bar available for all meal options <b>Allergen free</b>	Salad Bar available for all meal options <b>Allergen free</b>	Salad Bar available for all meal options <b>Allergen free</b>	Salad Bar available for all meal options <b>Allergen free</b>	Salad Bar available for all meal options <b>Allergen free</b>
Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish	Alternative Dish
Jacket Potato with Cheese & Beans or Tuna Mayo <b>**Dairy, Fish, Eggs**</b>	Jacket Potato with Cheese & Beans or Tuna Mayo <b>**Dairy, Fish, Eggs**</b>	Jacket Potato with Cheese & Beans or Tuna Mayo <b>**Dairy, Fish, Eggs**</b>	Jacket Potato with Cheese & Beans or Tuna Mayo <b>**Dairy, Fish, Eggs**</b>	Jacket Potato with Cheese & Beans or Tuna Mayo <b>**Dairy, Fish, Eggs**</b>
Sandwiches	Sandwiches	Sandwiches	Sandwiches	Sandwiches
<b>Salad Pot with a Wrap</b> Tuna or Cheese Salad Pot served with Cheese, Tuna Mayo or Egg Mayo Wrap <b>**Gluten, Dairy, Fish, Eggs**</b>	<b>Salad Pot with a Sandwich</b> Tuna or Cheese Salad Pot served with Cheese, Tuna Mayo or Egg Mayo Sandwich on 50/50 Bread <b>**Gluten, Dairy, Fish, Eggs**</b>	<b>Salad Pot with a Wrap</b> Tuna or Cheese Salad Pot served with Cheese, Tuna Mayo or Egg Mayo Wrap <b>**Gluten, Dairy, Fish, Eggs**</b>	<b>Salad Pot with a Sandwich</b> Tuna or Cheese Salad Pot served with Cheese, Tuna Mayo or Egg Mayo Sandwich on 50/50 Bread <b>**Gluten, Dairy, Fish, Eggs**</b>	<b>Salad Pot with a Sandwich</b> Tuna or Cheese Salad Pot served with Cheese, Tuna Mayo or Egg Mayo Sandwich on 50/50 Bread <b>**Gluten, Dairy, Fish, Eggs**</b>
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit Platter Yoghurt <b>**Dairy**</b>	Home Made Biscuit <b>**Gluten **</b>	Fresh Fruit, Yoghurt Cheese and Crackers <b>**Dairy, Gluten**</b>	Jelly	Ice Cream Pots Yoghurt <b>**Dairy**</b>

Desserts are low fat, low sugar